

Download Reviving Ophelia Saving The Selves Of Adolescent Girls

Reviving Ophelia is one of the most talked about books in America. This video presentation brings together ideas from Pipher's books and from her clinical practice in a highly accessible format ...

Told in the brave, fearless, and honest voices of the girls themselves who are emerging from the chaos of adolescence, Reviving Ophelia is a call to arms, offering important tactics, empathy, and strength, and urging a change where young hearts can flourish again, and rediscover and reengage their sense of self.

Saving the Selves of Adolescent Girls. When Reviving Ophelia was first published the response was extraordinary. She posed the provocative question: Why are American adolescent girls falling prey to depression, eating disorders, and suicide attempts at an alarming rate? The answer hit a nerve. We live in a look-obsessed, sexist "girl-poisoning" culture. And despite the advances of feminism, girls continue to struggle to find their true selves.

Reviving Ophelia was an excellent resource for combining and analyzing issues that face adolescent girls in America today. She places particular emphasis on the negative effects of our culture and says that the best solution would involve the decrease of our girl-poisoning environment.

Reviving Ophelia: Saving the Selves of Adolescent Girls is a 1994 book written by Dr. Mary Pipher. This book takes a look at the effects of societal pressures on American adolescent girls, and ...

Reviving Ophelia: Saving the Selves of Adolescent Girls. Reviving Aphelia: Saving the Selves of Adolescent Girls More than anything, I want to save my children trot the pain and self-imposed isolation experienced during adolescence.

It might sound like hyperbole to some, but that's what Reviving Ophelia did; it changed my life. And based on the feedback I get every time I mention the book, it's subtitle of Saving the Selves of Adolescent Girls is somewhat misleading, because it has "saved the selves" of many an adult as well.

Reviving Ophelia NPR coverage of Reviving Ophelia: Saving the Selves of Adolescent Girls by Mary, Ph.D. Pipher and Sara Pipher Gilliam. News, author interviews, critics' picks and more.

#1 New York Times Bestseller The groundbreaking work that poses one of the most provocative questions of a generation: what is happening to the selves of adolescent girls?

This is the second time I am purchasing this book for myself. The first time I purchased Reviving Ophelia: Saving the Selves of Adolescent Girls by Mary Pipher, it was because my own daughter was going through a very rough time and I wanted to understand her better and find out if there was something that I could do.

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