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Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places shows readers how to find and prepare more than five hundred different plants for nutrition and better health.

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This, I hope, will put you on the road to successfully identifying and using many of the wild edible and medicinal plants that grow in your area. Resources Field guides are probably the most commonly used method of learning to identify and use wild edible and medicinal plants.

Bücher (Fremdsprachig) Wählen Sie die Abteilung aus, in der Sie suchen möchten.

Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places by Steve Brill (1994-05-20) | Steve Brill; Evelyn Dean | ISBN: | Kostenloser Versand für alle Bücher mit Versand und Verkauf durch Amazon.

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