

Download Don T Waste The Pain Learning To Grow Through Suffering

Through intimate journal writings and personal reflections, you will learn that faith and spiritu But how we handle it and what we do with it makes all the difference. In Don't Waste the Pain, you'll see how two people dealing with life-threatening illnesses and the loss of a child found joy and peace in the midst of their suffering.

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Don't Waste the Pain Learning to Grow Through Suffering by David Lyons and Linda Lyons Richardson
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While Don't Waste The Pain was difficult to read, it was full of timely input into my life. At first, I didn't really care for the style of writing, switching back and forth from David's experiences to Linda's. At first, I didn't appreciate the jabbing prod into my own tender wound right now. At first, I wanted to put the book down and maybe read it later.

It is important to note that not everyone grows through suffering, and that suffering itself is not the cause of growth. Growth is the result of certain processes a person goes through with respect to suffering. While growth through suffering is not inevitable, it is possible, and we're learning more and more from the people who experience it in the related fields of stress-related growth ...

Don't Waste the Pain: Learning to Grow Through Suffering - David Lyons -
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